



for the fridge

QUEENSLIFF NETBALL CLUB

MATCH DAY INFO

MANLY WARRINGAH NETBALL ASSOC.

SEASON STARTS 25 JULY 2020

TEAM PERSONNEL - RESPONSIBILITY AT COMPETITION GAMES

REPEAT MESSAGING " IF IN DOUBT = OPT OUT "

REMINDE MEMBERS NOT TO COME IF ...

THEY HAVE THE SYMPTOMS OF COVID19

(TEMPERATURE, COUGHING, SORE THROAT, RUNNY NOSE)

IF THEY OR A FAMILY MEMBER HAVE TRAVELLED TO VICTORIA

OR NSW CLUSTERS / HOTSPOTS,

IF THEY OR A FAMILY MEMBER ARE AWAITING COVID19 TEST RESULTS

REMINDE MEMBERS & THEIR FAMILIES TO MAINTAIN 1.5M DISTANCING PROTOCOLS DURING THEIR ARRIVAL, DURATION AND DEPARTURE FROM CURL CURL NETBALL COURTS. ESP. WHEN LINING UP TO ENTER THE VENUE

REMINDE MEMBERS NOT TO BRING MORE THAN ONE SPECTATOR PER PLAYER (JUNIORS & NET SET GO) AND NO SPECTATORS FOR SENIORS AND CADETS

MAINTAIN 1.5M FROM THE UMPIRES IN ADDITION TO OTHER SPECTATORS

BRING YOUR OWN STATIONERY / PEN FOR NOTES & SCORING. DO NOT SWAP SCORERS DURING THE MATCH. DO NOT SHARE STATIONERY. BE PREPARED TO COMPLETE MWNA ATTENDANCE REGISTER & KEEP A COPY - NOT QNC REGISTER FOR MATCH DAY

MAKE SURE YOU HAVE YOUR COVID KIT IN YOUR KIT BAG.

HAND SANITISER FOR USE THROUGHOUT PLAY, WIPES FOR ALL EQUIPMENT USED DURING THE GAME, MASKS & GLOVES IF YOU ARE TREATING AN INJURY. PLUS YOUR FIRST AID KIT - PHYSIO IS LIMITED - SUGGEST BRINGING SOME INSTANT ICE PACKS

REMINDE MEMBERS OF THEIR COURT, ARRIVAL TIME, MATCH STARTING TIME, HUB LOCATION, AND ENTRY / EXIT POINTS - ORGANISE ANY SUBS EARLY IN THE WEEK AND MAKE SURE THEY ARE EDUCATED ON YOUR GAME - AND ADHERE TO THE PLAYING UP GUIDELINES.

SANITISE AT THE HAND STATIONS UPON ENTRY AND EXIT TO YOUR HUB.

ADVISE MEMBERS NOT TO ARRIVE AT THEIR COURT UNTIL 15 MINS BEFORE THE START TIME. IDEALLY PHYSIOS HAVE BEEN VISITED ELSEWHERE BEFORE MATCHPLAY AT CURL CURL. LEARN THE PHYSIO PROTOCOL BEFORE YOU ARRIVE

NO SHARING FOOD - NO TOUCHING DRINK BOTTLES - MEMBERS SHOULD PLACE DRINK BOTTLES AWAY FROM EACHOTHER.

IF YOU ARE INVOLVED IN MORE THAN ONE TIME SLOT AS A CLUB VOLUNTEER, WEAR A CLUB LANYARD WHICH WILL ALLOW YOU TO CROSS THE BARRIERS BETWEEN HUBS.

ENCOURAGE THE DOWNLOADING OF THE COVID SAFE APP

UMPIRES AND MENTORS - RESPONSIBILITY AT COMPETITION GAMES

" IF IN DOUBT = OPT OUT "

*** DO NOT COME ***

IF YOU HAVE THE SYMPTOMS OF COVID19
(TEMPERATURE, COUGHING, SORE THROAT, RUNNY NOSE)

IF A FAMILY MEMBER HAS TRAVELLED TO VICTORIA
OR A NSW CLUSTERS / HOTSPOTS,
IF YOU OR A FAMILY MEMBER ARE AWAITING COVID19 TEST RESULTS

IF YOU CANNOT MAKE YOUR UMPIRING DUTY YOU NEED TO ORGANISE A REPLACEMENT -
THERE ARE NO STANDBYS IN 2020

ARRIVE 15 MINS BEFORE THE START TIME.

THERE IS NO SIGN IN DESK IN 2020 - PLEASE BE ON TIME
KNOW YOUR HUB, COURT, START TIME, ENTRY & EXIT POINTS AND FLOW TO ANOTHER HUB
IF REQUIRED.

USE SANITISERS ON ARRIVAL AND DEPARTURES AND DURING THE MATCH.

MAINTAIN 1.5M DISTANCING PROTOCOLS DURING YOUR ARRIVAL, DURATION AND
DEPARTURE FROM CURL CURL NETBALL COURTS.

MINIMISE CONTACT WITH THE OTHER UMPIRE, MENTORS, PLAYERS, EQUIPMENT,
SPECTATORS. ASK PARENTS TO RELOCATE IF THEY ARE WITHIN YOUR 1.5M SPACE AS YOU
UMPIRE

MAKE SURE YOU HAVE HAND SANITISER, ALCOHOL WIPES, TISSUES, DRINK BOTTLE, SNACKS,
CLEAN WHISTLE, HAND INDICATOR FOR CENTRE PASSES, A PEN IN CASE YOU NEED TO SIGN
SOMETHING AND ANY PERSONAL ITEMS IN YOUR OWN KIT BAG PLACED AWAY FROM OTHER
PARTICIPANTS & SPECTATORS

WEAR A WHITE TEE SHIRT OR FULL WHITES TO UMPIRE
THERE WILL NOT BE ANY UMPIRING BIBS TO SHARE IN 2020

IF YOU HAVE CONCERNS OVER THE HEALTH OF A PLAYER - PLEASE ASK A "FRIENDLY" PARENT
OR YOUR MENTOR TO FETCH A MWNA COVID CO-ORDINATOR FROM THE MWNA COVID TENT
TO COME & ASSESS THE PLAYER.
DO NOT DO THIS YOURSELF.

IF YOU ARE INVOLVED IN MORE THAN ONE TIME SLOT AS A CLUB VOLUNTEER, WEAR A CLUB
LANYARD WHICH WILL ALLOW YOU TO CROSS THE BARRIERS BETWEEN HUBS FROM
TIMESLOT TO TIMESLOT.

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PLAYERS - RESPONSIBILITY AT COMPETITION GAMES

" IF IN DOUBT = OPT OUT "

***** DO NOT COME *****

**IF YOU HAVE THE SYMPTOMS OF COVID19
(TEMPERATURE, COUGHING, SORE THROAT, RUNNY NOSE)**

**IF A FAMILY MEMBER HAS TRAVELLED TO VICTORIA
OR A NSW CLUSTERS / HOTSPOTS,
IF YOU OR A FAMILY MEMBER ARE AWAITING COVID19 TEST RESULTS**

**ARRIVE 15 MINS BEFORE THE START TIME OF YOUR MATCH - TRY AND WEARM UP ON THE
WAY TO THE ENTRY TO ASSIST YOUR TEAM WARM UP.**

**IDEALLY VISIT A PHYSIO BEFORE YOU ARRIVE AT CURL CURL FOR ANY STRAPPING.
BRING PERSONAL SUPPLIES OF TAPE / ICE PACKS / OINTMENTS ETC TO AVOID VISITING THE
MWNA PHYSIO. IF REQUIRED - PLEASE EDUCATE YOURSELF ON THE PROCESS HERE VIA OUR
WEBSITE.**

**KNOW YOUR COURT, START TIME, HUB LOCATION AND ENTRY / EXIT POINTS BEFORE YOU
ARRIVE. USE HAND SANITISER ON ARRIVAL AND DEPARTURE AND DURING THE MATCH.**

**MAINTAIN 1.5M DISTANCING PROTOCOLS DURING YOUR ARRIVAL AND DEPARTURE FROM
CURL CURL NETBALL COURTS. ESPECIALLY WAITING TO ENTER.**

**MINIMISE CONTACT WITH THE UMPIRES, PARENTS, COACH, MANAGER
AND OTHER PLAYERS DURING BREAKS.**

**MAKE SURE YOU HAVE PERSONAL HAND SANITISER, ALCOHOL WIPES, TISSUES, DRINK
BOTTLE WITH NAME, SNACKS AND ANY PERSONAL ITEMS IN YOUR OWN KIT BAG PLACED
AWAY FROM OTHER PARTICIPANTS & SPECTATORS**

**IF YOU HAVE CONCERNS OVER THE HEALTH OF A PLAYER RAISE IT WITH YOUR COACH /
MANAGER - DO NOT MANAGE THIS YOURSELF.**

**IF YOU ARE INVOLVED IN MORE THAN ONE TIME SLOT AS A CLUB VOLUNTEER, WEAR A CLUB
LANYARD WHICH WILL ALLOW YOU TO CROSS THE BARRIERS BETWEEN HUBS FROM
TIMESLOT TO TIMESLOT.**

**KNOW HOW YOU WILL ENTER AND EXIT OTHER HUBS SHOULD YOU NEED TO MOVE BETWEEN
HUBS FOR OTHER VOLUNTEER DUTIES.**

ENCOURAGE THE DOWNLOADING OF THE COVID SAFE APP

important info sources & contacts for match day

social media
~ stay in touch ~

[HTTPS://WWW.INSTAGRAM.COM/QUEENSIENETBALL/](https://www.instagram.com/queensienetball/)

[HTTPS://WWW.FACEBOOK.COM/QUEENSCLIFFNETBALLCLUB](https://www.facebook.com/queenscliffnetballclub)

[HTTPS://WWW.FACEBOOK.COM/MANLYNETBALL](https://www.facebook.com/manlynetball)

[HTTP://Mwana.NSW.NETBALL.COM.AU/](http://mwna.nsw.netball.com.au/)

club members - contact numbers

FIONA PEARSE - PRESIDENT / COVID CONVENOR - 0410 426 174

ALICE HURLEY - SECRETARY - 0415 271 796

ELAINA WARD - NSG & ASST SECRETARY - 0481 130 823

GABBY HARDAKER - COACHING CONVENOR - 0439 775 088

GILL FOGGARTY - UMPIRING CONVENOR - 0412 804 311